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HurtFrustration

Hurt
Frustration
Fear

The more you understand the more understanding you will be

Count the Cost Look Past their Words to their Pain Wait Before Responding

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 Be Filled with the Holy Spirit

Galatians 5:22-23 ...the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Psalm 141:3 (NCV) "Lord, help me control my tongue; help me to be careful about what I say!"

Set a guard over my mouth, Lord; keep watch over the door of my lips. (NIV)

Count the Cost Look Past their Words to their Pain **Wait Before Responding** Be Filled with the Holy Spirit Base Your Identity in Christ

Proverbs 29:25 (MSG) "The fear of human opinion disables you; but trusting in God protects you from that."

Ephesians 1:4(NLT) 4 Even before He made the world, God loved us and chose us in Christ to be holy and without fault in his eyes.

Romans 10:9-10 (TLB) 9 For if you tell others with your own mouth that Jesus Christ is your Lord and believe in your own heart that God has raised Him from the dead, you will be saved.

10 For it is by believing in his heart that a man becomes right with God; and with his mouth he tells others of his faith, confirming his salvation.

Matthew 5:48 (MSG) 48 "In a word, what I'm saying is, Grow up. You're kingdom subjects. Now live like it. Live out your God-created identity. Live generously and graciously toward others, the way God lives toward you."

the art of . marriage

